



MA Department of Public Health  
Bureau of Substance Abuse Services  
250 Washington Street, 3rd Floor  
Boston, Massachusetts 02108  
617-624-5111 TTY 888-448-8321  
[www.mass.gov/dph/bsas](http://www.mass.gov/dph/bsas)

**Prevent • Treat • Recover • For Life**

- ▽ Please distribute freely.
- ▽ To report corrections or missing information for our annual updates.

**Call The Office of Youth and  
Young Adult Services at 617-624-5161.**

**Massachusetts Department of Public Health  
Bureau of Substance Abuse Services  
Office of Youth and Young Adult Services**

**Massachusetts  
Youth & Young Adult  
Substance Abuse  
Services Directory**



This directory lists programs that are licensed and/or receive funding through the MDPH/BSAS. Please contact CICC or the Helpline listed below, for additional resources in Massachusetts.

For free and confidential help with finding the right youth service or program call:

## Central Intake and Care Coordination (CICC)



**617-661-3991**  
**or toll free at 866-705-2807**

**TTY: 617-661-9051**

[www.healthrecovery.org](http://www.healthrecovery.org)

For information on youth and adult programs call:

## Massachusetts Substance Abuse Information and Education Helpline

**800-327-5050**  
**TTY: 888-448-8321**

[www.helpline-online.com](http://www.helpline-online.com)

## Massachusetts Youth Substance Abuse Services Directory

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For free and confidential help, with finding the right program call:

**Central Intake and Care Coordination (CICC)**  
**617-661-3991 or toll free at 866-705-2807**

### Detoxification & Stabilization Units

#### **Motivating Youth Recovery (MYR)**

**Community Health Link**  
12 Queen Street  
Worcester, MA 01610  
508-860-1244  
[www.communityhealthlink.org/](http://www.communityhealthlink.org/)

**The CASTLE (Clean and Sober Teens Living Empowered)**  
**High Point Treatment Center**  
10 Meadowbrook Road  
Brockton, MA 02301  
508-638-6000  
[www.hptc.org/](http://www.hptc.org/)

### Residential Programs

**Central Intake & Care Coordination**  
(617) 661-3991  
or (866) 705-2807  
[www.healthrecovery.org/](http://www.healthrecovery.org/)

For: CAB The Adolescent Residential Program, Highland Grace House, Pegasus House, Phoenix Academy at Springfield, and Project Rebound.

### Recovery Home Programs

**Cushing House Girls**  
**Cushing House Boys**  
**Gavin Foundation**  
54-58 Old Colony Avenue  
South Boston, MA 02127  
617-269-2933  
[www.gavinfoundation.org/](http://www.gavinfoundation.org/)

### Recovery High Schools

**William J. Ostiguy High School**  
19 Temple Place  
Boston, MA 02111  
617-348-6070  
[www.bostonabcd.org/](http://www.bostonabcd.org/)

**North Shore Recovery High School**  
502 Cabot Street  
Beverly, MA 01915  
978-922-3305  
[www.nsedu.org/](http://www.nsedu.org/)

**S.A.F.E./Recovery High School**  
334 Franklin St.  
Springfield, MA 01104  
413-750-2484  
[www.massrecoveryhs.org/](http://www.massrecoveryhs.org/)

## Quick Phone Guide

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**MA Department of Public Health (MDPH)  
Bureau of Substance Abuse Services (BSAS)**

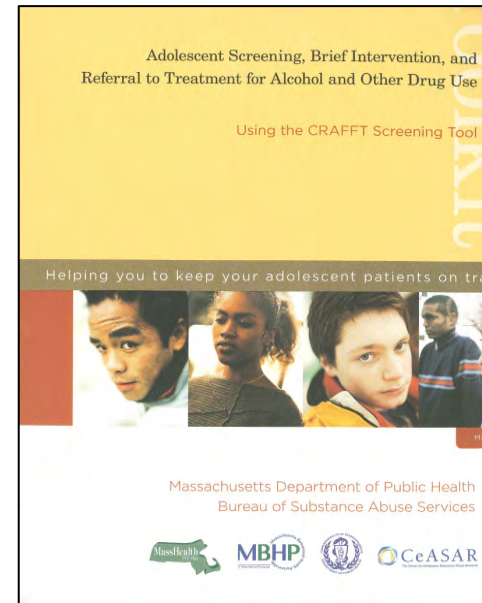
The MDPH-BSAS oversees the substance abuse and gambling prevention and treatment services in the Commonwealth. Responsibilities include: licensing programs and counselors; funding and monitoring prevention and treatment services; providing access to treatment for the indigent and uninsured; developing and implementing policies and programs; and tracking substance abuse trends in the state.

**Office of Youth and Young Adult Services (OYYAS)**

OYYAS staff design, implement, and oversee programs, policies, and initiatives that are created by the Bureau to address substance abuse issues among youth and young adults. Responsibilities include: building and maintaining system capacity across the continuum of care, providing effective, accessible, and affordable substance abuse treatment for youth and their families, which utilize evidenced based practices, are youth focused, inclusive of family and caregiver involvement, in coordination with other state agencies and youth service providers.

**MDPH/BSAS/OYYAS**

**MA Department of Public Health**



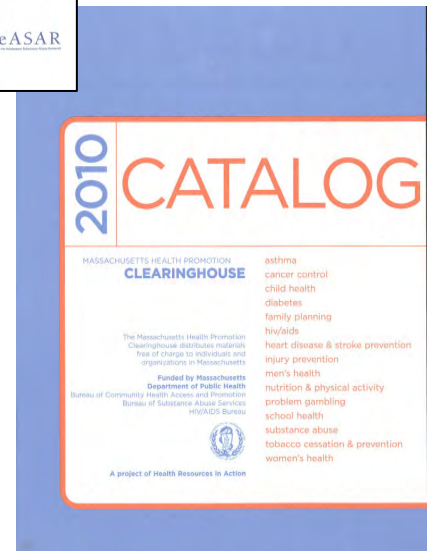
**For more  
information call**

**Consumer Information  
Line**

**1-800-952-6637**

**or to order free  
copies on-line.**

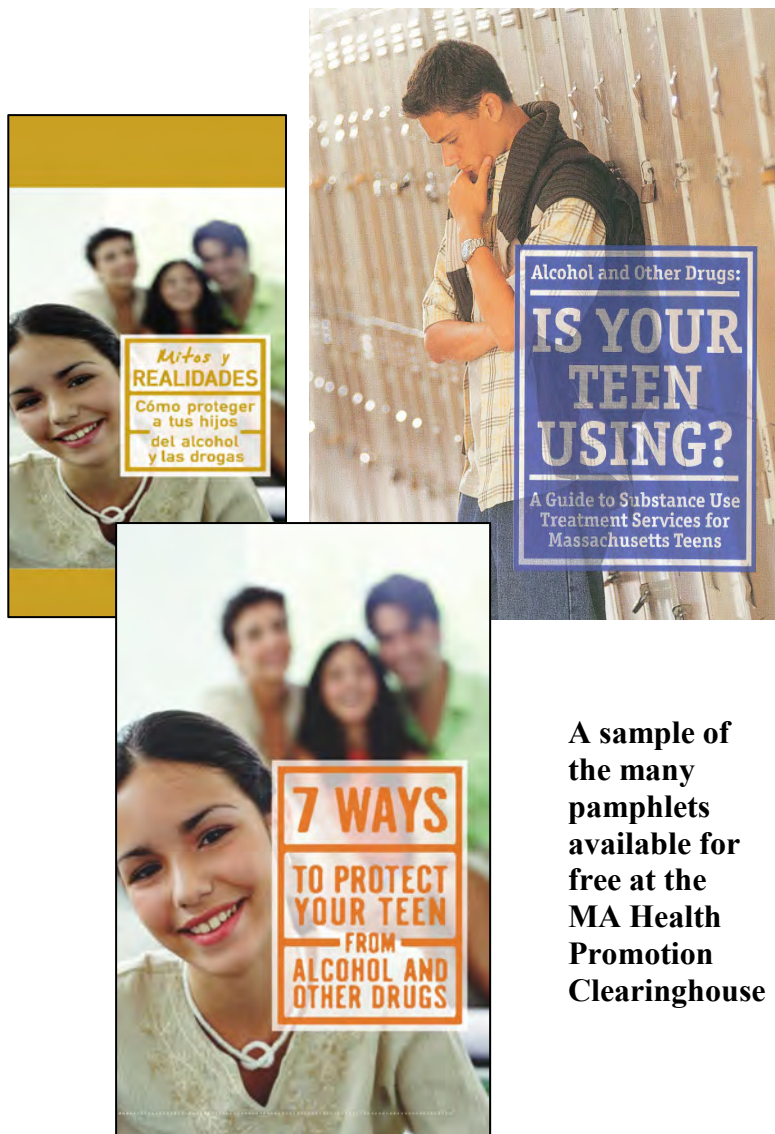
**[www.maclearinghouse.com/](http://www.maclearinghouse.com/)**



**Pamphlets, Brochures, Curricula**



## MA Department of Public Health



A sample of  
the many  
pamphlets  
available for  
free at the  
MA Health  
Promotion  
Clearinghouse

Pamphlets, Brochures, Curricula

## Massachusetts Department of Public Health Bureau of Substance Abuse Services

250 Washington Street, 3rd Floor  
Boston, MA 02108

BSAS Main Number:  
617-624-5111 TTY 888-448-8321  
Fax: 617-624-5185  
[www.mass.gov/dph/bsas](http://www.mass.gov/dph/bsas)

## Office of Youth and Young Adult Services

Jennifer Tracey, Director  
[Jennifer.Tracey@state.ma.us](mailto:Jennifer.Tracey@state.ma.us)  
617-624-5381

Brian Miller  
[Brian.Miller@state.ma.us](mailto:Brian.Miller@state.ma.us)  
617-624-5161



Nathaly Diaz, Administrative Assistant  
[Nathaly.Diaz@state.ma.us](mailto:Nathaly.Diaz@state.ma.us)  
617-624-5152

[www.mass.gov/dph/youthtreatment](http://www.mass.gov/dph/youthtreatment)

MDPH/BSAS/OYYAS

## Finding the right treatment for adolescents.

If you or someone you care for is experiencing difficulties due to their alcohol and/or other drug use, here are some questions to consider when selecting a service or treatment program:

Does the provider or program accept your health insurance? If not, will they work with you on a payment plan, have a sliding scale, or find other means of payment for you?

Is the program state licensed, and are staff licensed professionals trained in addiction treatment?

Does the program offer a full range of services needed to support an individual's recovery process, including help for substance abuse and mental health problems if applicable?

Does the program provide treatment services that are appropriate and sensitive to age, gender, race, sexual orientation, culture, and physical abilities?

Will there be ongoing assessment of an individual's treatment plan to ensure that it meets their changing needs?

Are services or referrals offered to family members to support their understanding of addiction and the recovery process? How does it help guide them in supporting the recovering individual?

Is aftercare support and referral encouraged and provided?

Call **Central Intake and Care Coordination**

**617-661-3991, or toll free at 866-705-2807**

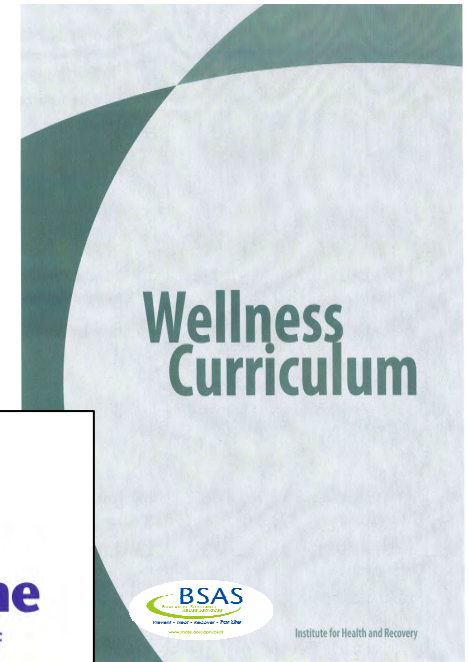
TTY: 617-661-9051

to find the right treatment program.

**Finding The Right Treatment**

## Institute for Health and Recovery

**For Helping  
Professionals.**



**Parent Time**  
Supporting Yourself  
& Your Child



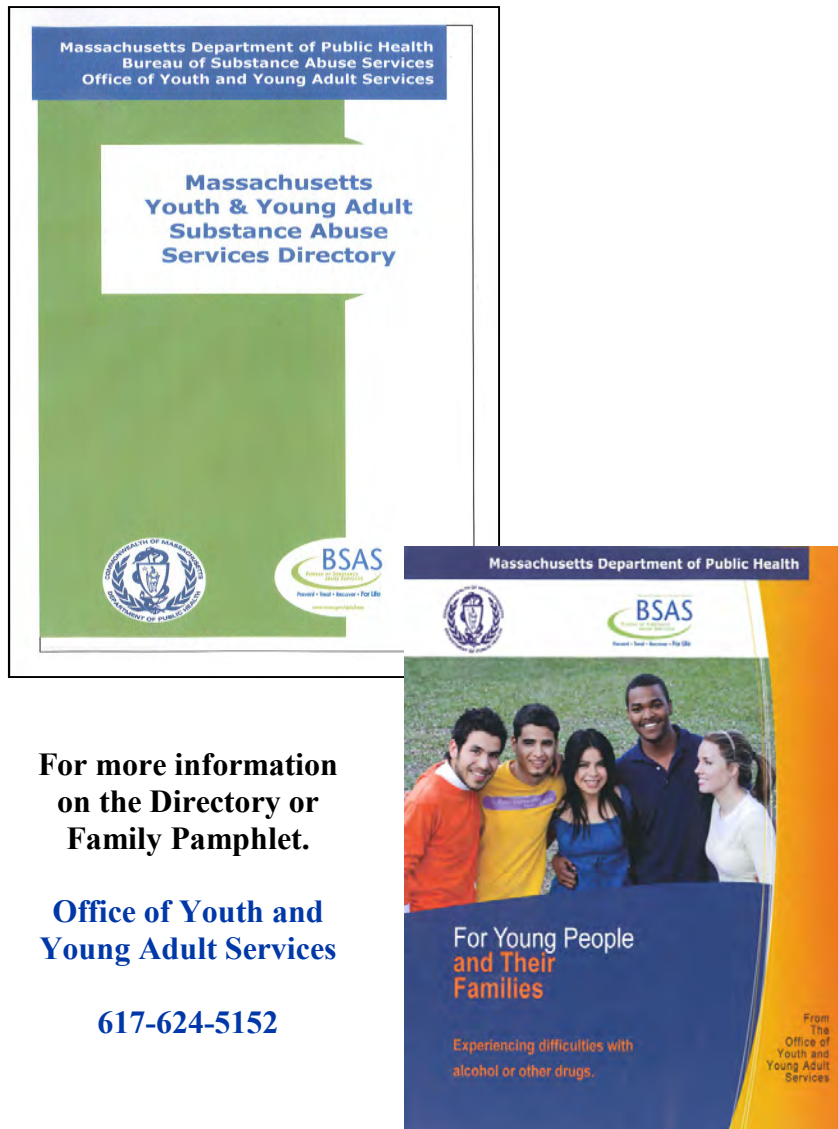
**For more information  
on the Parent Time or  
Wellness Curriculum.**

**Institute for Health and  
Recovery (IHR)**

**617-661-3991 or toll-free  
at 866-705-2807**

**Pamphlets, Brochures, Curricula**

## MA Department of Public Health Bureau of Substance Abuse Services



**For more information  
on the Directory or  
Family Pamphlet.**

**Office of Youth and  
Young Adult Services**

**617-624-5152**

**Pamphlets, Brochures, Curricula**

## **Getting information on health insurance.**

“My Health Care Options”, the Massachusetts Quality and Cost website, is designed to be easy to use and understand and is intended to provide accurate and up-to-date information for consumers. This information comes from state and federal databases as well as other independent sources.

[www.mass.gov/myhealthcareoptions](http://www.mass.gov/myhealthcareoptions)

The MassHealth program provides comprehensive health insurance - or help in paying for private health insurance - to more than one million Massachusetts children, families, seniors, and people with disabilities. 1-888-665-9993

[www.mass.gov/MassHealth](http://www.mass.gov/MassHealth)

The “Health Connector” has information on subsidized and affordable health insurance plans for income eligible MA residents. Connector staff can also refer you to other health care options such as MassHealth and the Health Safety Net depending upon your individual circumstances. 1-877-MA-ENROLL (1-877-623-6765) or [www.mahealthconnector.org](http://www.mahealthconnector.org)

“Health Care For All” is a consumer health advocacy organization that provides residents of Massachusetts with information and resources to help navigate the health care system. The site offers resources such as a consumer helpline and other information on health coverage in Massachusetts. [www.blog.hcfama.org](http://www.blog.hcfama.org)

**Getting Information On Health Insurance**

## Parent/Guardian Resources

Bureau of Substance Abuse Services  
[www.mass.gov/dph/bsas](http://www.mass.gov/dph/bsas)

Learn To Cope  
[www.learn2cope.org/](http://www.learn2cope.org/)

Massachusetts Organization For Addiction Recovery  
[www.moar-recovery.org/](http://www.moar-recovery.org/)

Massachusetts Al-Anon and Alateen  
[www.ma-al-anon-alateen.org/](http://www.ma-al-anon-alateen.org/)

The Partnership at Drugfree.org  
[www.drugfree.org/](http://www.drugfree.org/)

Parents: The Anti-Drug  
[www.theantidrug.com/](http://www.theantidrug.com/)

Join Together  
[www.jointogether.org/](http://www.jointogether.org/)

NIDA for Teens  
[www.teens.drugabuse.gov/](http://www.teens.drugabuse.gov/)

SAMHSA'S Mental Health Information Center  
[www.mentalhealth.samhsa.gov/cmhs/](http://www.mentalhealth.samhsa.gov/cmhs/)

**Parent/Guardian Resources**

## Massachusetts and National Resources

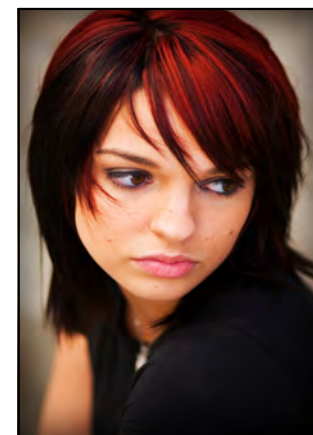
Join Together  
[www.jointogether.org/](http://www.jointogether.org/)

Substance Abuse & Mental Health Services Administration  
[www.samhsa.gov/](http://www.samhsa.gov/)

National Institute On Drug Abuse  
[www.nida.nih.gov/](http://www.nida.nih.gov/)

National Institute on Alcohol Abuse and Alcoholism  
[www.niaaa.nih.gov/](http://www.niaaa.nih.gov/)

Office of National Drug Control Policy  
[www.whitehousedrugpolicy.gov/](http://www.whitehousedrugpolicy.gov/)



**Massachusetts and National Resources**

## Massachusetts and National Resources

Bureau of Substance Abuse Services  
[www.mass.gov/dph/bsas](http://www.mass.gov/dph/bsas)

Massachusetts Substance Abuse Information and  
 Education Helpline  
[www.helpline-online.com](http://www.helpline-online.com)

Mass.Gov  
[www.mass.gov/](http://www.mass.gov/)

Alcoholics Anonymous  
[www.aa.org/](http://www.aa.org/)

Narcotics Anonymous  
[www.na.org/](http://www.na.org/)

Massachusetts Al-Anon and Alateen  
[www.ma-al-anon-alateen.org/](http://www.ma-al-anon-alateen.org/)

Learn To Cope  
[www.learn2cope.org/](http://www.learn2cope.org/)

Massachusetts Organization For Addiction Recovery  
[www.moar-recovery.org/](http://www.moar-recovery.org/)

## Outpatient Providers Serving Adolescents

The Massachusetts Department of Public Health, Bureau of Substance Abuse Services supports and licenses services throughout Massachusetts for young people with substance abuse issues, including community-based outpatient assessment and counseling. Below is a list of outpatient providers who work with adolescents.

**Call the outpatient programs listed below directly to make a referral or to find out more information.**

### **Boston Region**

Bay Cove Human Services, Inc./Chelsea ASAP  
 100 Everett Avenue, Unit 4 Chelsea, MA 02150  
 617-884-6829 [www.baycove.org/](http://www.baycove.org/)

Boston Public Health Commission, South Boston Collaborative  
 Center 8 Rev. Burke Street South Boston, MA 02127  
 617-534-9515 [www.southbostoncollaborativecenter.org/](http://www.southbostoncollaborativecenter.org/)

Bridge Over Troubled Waters  
 47 West Street Boston, MA 02111  
 617-423-9575 [www.bridgeotw.org/](http://www.bridgeotw.org/)

Children's Hospital Boston (Suboxone Treatment Available)  
 300 Longwood Avenue Boston, MA 02115  
 617-355-2727 [www.childrenshospital.org/](http://www.childrenshospital.org/)

Children's Hospital, Martha Elliot Health Center  
 75 Bickford Street, Jamaica Plain 02130  
 617-971-2100 [www.childrenshospital.org/](http://www.childrenshospital.org/)



## **Boston Region (Continued)**

The Dimock Center  
40 Dimock Street Roxbury, MA 02119  
617-442-8800 [www.dimockcenter.org/](http://www.dimockcenter.org/)

Gavin Foundation, Center for Recovery Services  
49 L Street South Boston, MA 02127  
617-268-5000 [www.gavinfoundation.org/](http://www.gavinfoundation.org/)

Latin American Health Institute  
95 Berkeley Street Boston, MA 02116  
617-350-6900 [www.lhi.org/](http://www.lhi.org/)

Massachusetts General Hospital, Addiction Recovery  
Management Services 151 Merrimac Street Boston, MA 02114  
617-983-6047 [www.massgeneral.org/](http://www.massgeneral.org/)

Sydney Borum Health Center  
130 Boylston Street Boston, MA 02116  
617-457-8140 [www.jri.org/](http://www.jri.org/)

For free and confidential help with  
finding the right youth service or program call:

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**617-661-3991**  
**or toll free at 866-705-2807**

### **Outpatient Providers Serving Adolescents**

## **HEAT Program**

The HEAT Program, through CAB Health in partnership with the Woburn District Court offers a residential program for male and female young adults, ages 17 - 25, who have an opiate based addiction. To enter the program clients must have a limited treatment and legal history.

### **CAB Health**

111 Middleton Road Danvers, MA 01923  
**978-739-7622** [www.cabhealth.org/](http://www.cabhealth.org/)

## **Statewide Ballot Initiative**

On November 4, 2008, MA voters passed Ballot Question 2, "An Act Establishing a Sensible State Marijuana Policy." The new law became effective on January 2, 2009. Youth under 18, who receive a citation for possessing under an ounce of marijuana, must complete a Drug Awareness Program (at least four hours of a drug awareness class), ten hours of community service, and pay a \$100 fine. Classroom sessions are scheduled throughout the state based on demand. The BSAS, Question 2 Project Specialist, provides state-wide coordination of the Drug Awareness Program thru the Institute for Health and Recovery (IHR).

**Institute for Health and Recovery (IHR)**  
**617-661-3991 or toll-free at 866-705-2807**  
[www.healthrecovery.org/](http://www.healthrecovery.org/)

### **Other Resources**



### **Somerville Homeless Coalition, Sobriety and Stability (S&S)**

In collaboration with the Department of Public Health (DPH) and the Department of Housing and Urban Development (HUD), S&S provides permanent housing and supportive services to homeless young adults, ages 18 to 24, who are recovering from addiction, and who have a strong commitment to continued sobriety.

#### **Somerville Homeless Coalition**

1 Davis Square Somerville, MA 02144

**617-623-6111**

[www.somervillehomelesscoalition.org/](http://www.somervillehomelesscoalition.org/)

### **South Middlesex Non-Profit Housing Corporation (SMOC Housing Corporation)**

The Young Adult Residential Case Management Program provides structured, sober housing and services for young adults, ages 18 to 24, who are homeless, and in the early stages of their recovery from drug and alcohol addiction. The program provides; peer support groups, relapse prevention support, recovery skills group, assistance in accessing medical, psychiatric, and dental care, career counseling, and GED preparation.

#### **SMOC**

300 Howard Street Framingham, MA 01702

**508-620-2451**

[www.smoc.org/](http://www.smoc.org/)

#### **Other Resources**

### **Metro-West Region**

#### **Advocates, Inc.**

340 Maple Street Marlborough, MA 01752

508-485-9300 [www.advocatesinc.org/](http://www.advocatesinc.org/)

#### **Bay State Community Services**

549 Columbian Street Weymouth, MA 02190

781-331-1906 [www.baystatecs.org/](http://www.baystatecs.org/)

Bay State Community Services, Center for Community Counseling and Education 32 Common Street Walpole, MA 02081

508-668-3223 [www.baystatecs.org/](http://www.baystatecs.org/)

#### **Bay State Community Services**

13 Temple Street Quincy, MA 02169

617-472-6027 [www.baystatecs.org/](http://www.baystatecs.org/)

#### **Genesis Counseling Services**

24 Union Avenue, Suite 11 Framingham, MA 01701

508-620-2992 [www.genescounselingservices.org/](http://www.genescounselingservices.org/)

#### **Mount Auburn Hospital**

330 Mount Auburn St Cambridge, MA 02138

617-499-5052 [www.mountauburnhospital.org/](http://www.mountauburnhospital.org/)

#### **Somerville Mental Health Association**

5 Hall Avenue Somerville, MA 02144

617-623-3278 [www.somervillementalhealth.org/](http://www.somervillementalhealth.org/)

#### **Outpatient Providers Serving Adolescents**

## **Northeast Region**

Amesbury Psychological Center  
24 Morrill Place Amesbury, MA 01913  
978-388-5700 [www.amesburypsychological.com/](http://www.amesburypsychological.com/)

Cab Health and Recovery Services, Inc.  
27 Congress Street, Ste, 105 Salem, MA 01970  
978-740-1580 [www.cabhealth.org/](http://www.cabhealth.org/)

Lowell House  
555 Merrimack Street Lowell, MA 01854  
978-459-8656 [www.lowellhouseinc.com/](http://www.lowellhouseinc.com/)

Team Coordinating Agency, Inc.  
76 Winter Street Haverhill, MA 01830  
978-373-1181 [www.teamca.net/](http://www.teamca.net/)

The Psychological Center, Inc.  
11 Union Street Lawrence, MA 01843  
978-685-1337 [www.psychologicalcenter.com/](http://www.psychologicalcenter.com/)

## **Southeast Region**

Community Care Services  
140 Park Street Attleboro, MA 02703  
508-222-7525 [www.communitycareservices.org/](http://www.communitycareservices.org/)

Community Care Services  
70 Main Street Taunton, MA 02780  
508-821-7777 [www.communitycareservices.org/](http://www.communitycareservices.org/)

Family Service Association of Fall River  
151 Rock Street Fall River, MA 02720  
508-678-7542 [www.frfsa.org/](http://www.frfsa.org/)

### **Outpatient Providers Serving Adolescents**

## **New Wave/Nueva Onda Program**

Funded by the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, the Gandara Center's New Wave/Nueva Onda Program is an outpatient substance abuse treatment and HIV rapid testing and referral program serving hard to reach adolescents and young adults aged 13-24 with substance abuse problems and co-occurring mental health disorders, who live in Springfield, Massachusetts.

### **Gandara Center**

120 Maple Street, Suite 101 Springfield, MA 01105  
**413-736-4017** [www.gandaracenter.org/](http://www.gandaracenter.org/)

## **Hope House**

Hope House provides young men between the ages of 18 and 24 with a supportive environment and intensive services as they undergo a substance recovery process. The structured, residential facility provides individual care to substance dependent young men and delivers services tailored to fit each person's unique needs and strengths in a culturally competent manner. On average, young men stay between three and twelve months, during which time they participate in peer support, self-help groups and structured focus groups. The supportive environment at Hope House helps young men recover from substance abuse and prepare to happily live independently.

### **Henry Lee Willis Community Center**

1601 Main Street Leicester, MA 01524  
**508-892-1010** [www.williscenter.org](http://www.williscenter.org)

### **Other Resources**

### El Camino al Futuro

Behavioral Health Network's (BHN) El Camino program funded by SAMHSA and CSAT is a substance abuse treatment program for adolescent youth and their families, based on the Family and Adolescent Centered Treatment (AAFT) model, which includes the Assertive Community Reinforcement Approach (A-CRA) with an intensive case management component (ACC) within a well-defined wraparound system of services in the community. El Camino Al Futuro (the Way to the Future) is a behaviorally based, short term family-centered program with a strong orientation toward forging community connections to foster pro-social behavior and encourage drug and alcohol abstinence in Springfield, Massachusetts. The program serves ages 12-17.

#### **Behavioral Health Network, Inc.**

110 Maple Street Springfield MA 01105  
**413-304-2886 413-732-7419** [www.bhninc.org](http://www.bhninc.org)

### PASOS (STEPS) Program

The PASOS (STEPS) Program provides community-based substance abuse treatment and wrap-around support services for young men and women ages 18-25 with a history of substance abuse and at risk of HIV infection. PASOS services include assessments, information and referrals, HIV/AIDS/hepatitis counseling, testing and pretreatment, restoration groups, individual, group and family counseling, specialized groups for men and women, introduction to 12- step programs and crisis intervention.

#### **Behavioral Health Network, Inc.**

235 Maple Street Holyoke, MA 01040  
**413-532-0389** [www.bhninc.org](http://www.bhninc.org)

#### **Other Resources**

### Southeast Region (Continued)

Gosnold, Inc.

196 Ter Heun Drive Falmouth, MA 02540  
 508-548-7118 [www.gosnold.org/](http://www.gosnold.org/)

Gosnold, Inc.

111 Torrey Street Brockton, MA 02301  
 508-540-6550 [www.gosnold.org/](http://www.gosnold.org/)

Gosnold, Inc.

1185 Falmouth Road Centerville, MA 02632  
 508-540-6550 [www.gosnold.org/](http://www.gosnold.org/)

High Point Treatment Center

10 Meadowbrook Road Brockton, MA 02301  
 508-842-4420 [www.hptc.org/](http://www.hptc.org/)

High Point Treatment Center

842 Purchase Street New Bedford, MA 02740  
 508-992-1500 [www.hptc.org/](http://www.hptc.org/)

High Point Treatment Center

2 School Street Plymouth, MA 02360  
 508-830-1234 [www.hptc.org/](http://www.hptc.org/)

High Point Treatment Center

4 Post Office Square Taunton, MA 02780  
 508-823-5291 [www.hptc.org/](http://www.hptc.org/)

Latin American Health Institute

142 Crescent Street Brockton, MA 02302  
 508-941-0005 [www.lhi.org/](http://www.lhi.org/)

#### **Outpatient Providers Serving Adolescents**

### **Southeast Region (Continued)**

Old Colony Y Mental Health  
15A Bolton Place Brockton, MA  
508-583-2155 [www.oldcolonyymca.org](http://www.oldcolonyymca.org)

Seven Hills Behavioral Health  
34 Gifford Street New Bedford, 02744  
508.999.3126 [www.sevenhills.org/](http://www.sevenhills.org/)

Seven Hills Behavioral Health  
1402 Pleasant Street Fall River, MA 02723  
508-679-0962 [www.sevenhills.org/](http://www.sevenhills.org/)

South Bay Mental Health  
37 Belmont Street Brockton, MA 02301  
508-580-4691 [www.southbaymentalhealth.com/](http://www.southbaymentalhealth.com/)

Stanley Street Treatment and Resources, Inc  
386 Stanley Street Fall River, MA 02720  
508-679-5222 [www.sstar.org/](http://www.sstar.org/)

### **Central Region**

Community Health Link  
71 Jaques Street Worcester, MA 01610  
508-860-1000 508-791-3261  
[www.communityhealthlink.org/](http://www.communityhealthlink.org/)

George Wells Human Service Center  
29 Pine Street Southbridge, MA 01550  
508-765-9167 [www.harringtonhospital.org/](http://www.harringtonhospital.org/)

**Outpatient Providers Serving Adolescents**

### **LUK, Inc.**

The Recovery Services for Adolescents and Families (RSAF), in Central MA, funded by the federal Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, was created to design and implement recovery support services for adolescents and families during treatment as well as after. Services include; monitoring & support calls, a recovery oriented social networking site, and a family support program.

### **LUK Inc.**

545 Westminster Street Fitchburg, MA 01420  
**978-345-0685**  
[www.luk.org/](http://www.luk.org/)

### **SSTAR Fall River**

Funded by the federal Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, SSTAR provides family centered, evidence-based substance abuse treatment for adolescents ages 12-17 who live in the Greater Fall River area. Treatment utilizes a community reinforcement approach, with the goals of capacity building, engagement and retention in treatment, increased case management, and referral to meet the needs of adolescents and their families.

### **SSTAR Fall River**

386 Stanley St Fall River, MA 02720  
**508-679-5222** TTY 508-673-3328  
[www.sstar.org/](http://www.sstar.org/)

**Other Resources**

### **YARD Project**

A collaboration of IHR, the Gavin Foundation, and the Massachusetts Organization for Addiction and Recovery, funded by the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, the Young Adult Recovery Destination (YARD) offers outreach and referrals, assessments, individual counseling, group counseling, peer mentoring, home and community based services to young adults, ages 18 to 24. Located in South Boston, YARD services and activities assist young adults at all stages of treatment and recovery.

#### **YARD Project**

416 West Broadway Street South Boston, MA  
**617-777-0036** [www.healthrecovery.org](http://www.healthrecovery.org)

### **LADDER Project**

IHR and High Point Treatment Center, funded by the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment works with young adults, ages 18 to 24, who have been civilly committed to High Point Men's Addiction Treatment Center (MATC), or the Women's Addiction Treatment Center (WATC). The project serves young adults from the towns of Braintree, Brockton, Quincy, Weymouth, Randolph, Stoughton, Bridgewater, and Taunton. Clinicians begin work with clients during their stay at High Point and continue treatment when they transition back to their community.

#### **LADDER Project**

**617-990-6716** [www.healthrecovery.org](http://www.healthrecovery.org)

#### **Other Resources**

### **Central Region (Continued)**

Henry Lee Willis Community Center, Inc.  
44 Front Street Suite 380/490 Worcester, MA 01608  
508-755-9471 [www.williscenter.org/](http://www.williscenter.org/)

LUK Inc.  
545 Westminster Street Fitchburg, MA 01420  
978-345-0685 [www.luk.org/](http://www.luk.org/)

North Central Human Service  
31 Lake Street Gardner, MA 01440  
978-632-9400 [www.northcentralhumanservices.org/](http://www.northcentralhumanservices.org/)

Spectrum Outpatient Services  
585 Lincoln Street Worcester, MA 01605  
508-854-3320 [www.spectrumhealthsystems.org/](http://www.spectrumhealthsystems.org/)

Youth Opportunities Upheld, Inc. (Y.O.U., Inc.)  
81 Plantation Street Worcester, MA 01604  
508-849-5600 [www.youinc.org/](http://www.youinc.org/)

For free and confidential help with  
finding the right youth service or program call:

#### **Central Intake and Care Coordination (CICC)**

**617-661-3991**  
**or toll free at 866-705-2807**

#### **Outpatient Providers Serving Adolescents**

## Western Region

The Brien Center for Mental Health and Substance Abuse Services, Inc.

60 Cottage Street Great Barrington, MA 01230

413-528-9156 [www.briencenter.org/](http://www.briencenter.org/)

The Brien Center for Mental Health and Substance Abuse Services, Inc.

25 Marshall Street North Adams, MA 01247

413-664-4541 [www.briencenter.org/](http://www.briencenter.org/)

The Brien Center for Mental Health and Substance Abuse Services, Inc.

251 Fenn Street Pittsfield, MA 01201

413-496-9671 [www.briencenter.org/](http://www.briencenter.org/)

The Carson Center for Human Services

20 Broad Street Westfield, MA 01085

413-568-1421 [www.carsoncenter.org/](http://www.carsoncenter.org/)

Child Guidance Clinic, Behavioral Health Network, Inc.

110 Maple Street Springfield, MA 01105

413-732-7419 [www.bhninc.org](http://www.bhninc.org)

Clinical & Support Options

17 New South Street Northampton, MA 01060

413-582-0471 [www.csoinc.org/](http://www.csoinc.org/)

## Outpatient Providers Serving Adolescents

## SAFE

SAFE is a capacity building initiative aimed to increase treatment admissions across the Commonwealth, for underserved adolescent populations with substance use disorders. This project is funded by MDPH/BSAS and is managed by the Institute for Health and Recovery (IHR). SAFE offers consultation to adolescent providers, workshops to educate parents and community providers about available substance use treatment resources for adolescents, co-facilitation of psycho-educational drug and alcohol groups for adolescents using a train-the-trainer model, co-facilitation of parent support groups for parents with adolescents using drugs and alcohol using a train-the-trainer model and the curriculum **“Parent Time: Supporting Yourself & Your Child”**, peer leader trainings on adolescent substance use issues, and evidenced based treatment and case management services for youth with substance use issues who may not access traditional forms of treatment. IHR has also been able to introduce a **“Wellness Curriculum”**, designed to enhance existing treatment services and support recovery maintenance by promoting overall health, wellbeing, lifestyle choices and self-care.

**For more information on SAFE,  
Parent Time Trainings, or the Wellness Curriculum.  
[Institute for Health and Recovery \(IHR\)](#)  
[617-661-3991](#) or toll-free at [866-705-2807](#)**

## Other Resources



## ROCA

Roca is a performance-based and outcomes-driven organization that helps young people to change their behavior and shift the trajectories of their lives through a High-Risk Youth Intervention Model. Roca serves high-risk young people in Chelsea, Revere, East Boston, and Springfield, MA.

### **ROCA**

101 Park Street Chelsea, MA 02150

**617-889-521**

[www.rocainc.org/](http://www.rocainc.org/)

## Bridge Over Troubled Waters

Bridge Over Troubled Waters offers transitional housing services for homeless youth ages 16 to 21 years old. The transitional living program emphasizes responsibility, personal growth, and communication. Residents learn life skills, get help with finding permanent housing, getting a job, and/or filling out school applications.

### **Bridge Over Troubled Waters**

47 West Street Boston, MA 02111

**617-423-9575** TTY 617-423-9575 x355

[www.bridgeotw.org/](http://www.bridgeotw.org/)

## **Intervention Programs**

## **Western Region (Continued)**

Gandara Center, Inc.

2155 Main Street Springfield, MA 01104

413-736-0395 [www.gandaracenter.org/](http://www.gandaracenter.org/)

Phoenix Academy at Springfield

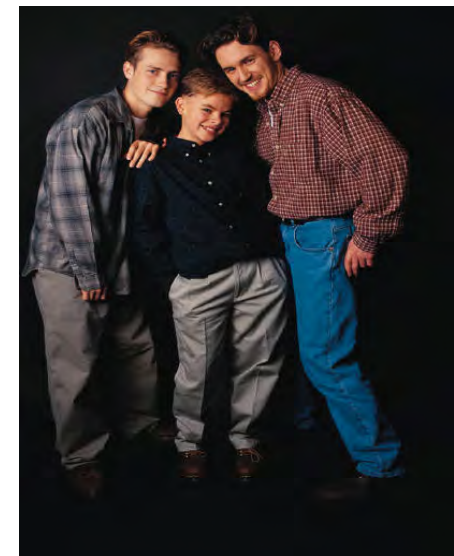
15 Mulberry Street Springfield, MA 01105

413-739-2440 [www.phoenixhouse.org/](http://www.phoenixhouse.org/)

Wing Memorial Hospital Griswold Center

40 Wright Street Palmer, MA 01069

413-283-7651 [www.umassmemorial.org/](http://www.umassmemorial.org/)



## **Outpatient Providers Serving Adolescents**

## Youth Stabilization and Detoxification Units

The Bureau of Substance Abuse Services (BSAS) is seeking to create an effective and responsive continuum of substance abuse treatment services for adolescents, as well as to meet a growing demand for acute care, created in 2007 the first state-funded youth stabilization and detoxification unit in Massachusetts. These units provide youth in crisis with a safe, temporary, protective environment in which they can receive the care, supervision, assessment, and medical monitoring necessary to facilitate stabilization of their physical and emotional states.

Once stabilized, youth receive a comprehensive bio-psycho-social assessment of their substance use, social, emotional, behavioral, and mental health needs. With this information, staff can develop appropriate aftercare resources and referrals for adolescents and their family.

The youth stabilization and detoxification services are for males and females between the ages of 13 and 17. Their length of stay is determined on their individual assessment and treatment planning needs, (an average stay is 14 days). Insurance may cover the cost of these services.

**Youth Stabilization and Detoxification Units**

## Department of Youth Services (DYS) CASASTART Intervention Programs

The MA Department of Public Health, Bureau of Substance Abuse Services has partnered with the MA Department of Youth Services (DYS) to adapt and implement a juvenile justice CASASTART model across the Commonwealth utilizing the core of CASASTART to address the needs of youth in the juvenile justice system. There are currently six sites across the state: Holyoke, Springfield, Lawrence, Lowell, Dorchester, and Roxbury. In order to participate, a youth must be willing to engage for at least one year, be at risk for using alcohol and other drugs, and have family members willing to participate.

**Call DYS listed below to find out more information  
about the DYS CASASTART program.**

**Department of Youth Services**

**617-960-3270**

**617-727-7575**

[www.mass.gov/](http://www.mass.gov/)



**Intervention Programs**

### **School-Based CASASTART Intervention Programs**

CASASTART is a community-based, school-centered intervention program for youth, which has proven positive outcomes for youth, their families, and the community. CASASTART serves youth 8 to 13 years old who are at high risk for or involved in delinquency, substance abuse, or experiencing family violence, school failure, or social and behavioral problems. Case workers use a positive youth development framework and intensive case management to coordinate and provide services.

The MA Department of Public Health, Bureau of Substance Abuse Services supports the CASASTART intervention model with programs currently running in South Boston, Dorchester, and Winthrop.

**Call the School-Based CASASTART program listed below to find out more information.**

#### **Wediko Children's Services**

72-74 E. Dedham St. Boston, MA 02118

**617-292-9200**

[www.wediko.org/](http://www.wediko.org/)

#### **North Suffolk Mental Health Association**

14 Porter Street East Boston, MA 02128

**617-569-3189 or 617-501-4308**

[www.northsuffolk.org/](http://www.northsuffolk.org/)

**Intervention Programs**

**Call the stabilization programs listed below directly to make a referral or to find out more information.**

#### **MYR (Motivating Youth Recovery) Community Health Link**

12 Queen Street, Worcester, MA 01610

**508-860-1244**

TTY 508-860-5641

[www.communityhealthlink.org/](http://www.communityhealthlink.org/)

#### **The CASTLE (Clean and Sober Teens Living Empowered) High Point Treatment Center**

10 Meadowbrook Road, Brockton, MA 02301

**508-638-6000**

[www.hptc.org/](http://www.hptc.org/)



**Youth Stabilization and Detoxification Units**

### Youth Residential Treatment Programs

Residential substance abuse treatment is appropriate for youth experiencing health, emotional/behavioral, family, developmental and/or social problems as a result of alcohol and other drug use, and whose issues have not been resolved in less intense, community-based levels of care. There are currently five gender-specific residential programs (three male and two female programs). These are short-term substance abuse treatment services for medically stable youth. Four of the programs serve youth between the ages of 13 and 17, with one program serving female young adults. A youths length of stay (up to 90 days) in the program varies based on their treatment needs.



**Pegasus House**  
Lawrence, MA

**Youth Residential Treatment Programs**



### **Gosnold, Inc.**

200 Ter Heun Drive Falmouth, MA 02540  
**508-540-6550** [www.gosnold.org/](http://www.gosnold.org/)

### **Institute for Health and Recovery**

349 Broadway Cambridge, MA 02139  
**617-661-3991** [www.healthrecovery.org/](http://www.healthrecovery.org/)

### **LUK Crisis Center, Inc.**

545 Westminster Street Fitchburg, MA 01420  
**978-345-0685** [www.luk.org/](http://www.luk.org/)

### **Phoenix Houses of New England**

99 Wayland Square Providence, RI 02906  
**401-331-4250** [www.phoenixhouse.org/](http://www.phoenixhouse.org/)

### **Stanley Street Treatment and Resources, Inc.**

386 Stanley Street Fall River, MA 02720  
**508-324-3599** [www.sstar.org/](http://www.sstar.org/)

**Family Intervention Programs**



### **Family Intervention Programs**

Family Intervention programs utilize SAMHSA approved evidence based models (A-CRA/ACC, ARISE) to engage adolescents, young adults, and families. Presently there are five programs, supported by MDPH/BSAS, in the Commonwealth, which provide support services focused both on engaging the adolescent or adult with a substance use disorder into treatment and/or recovery services, as well as providing ongoing support, skill building, and resource development for the individual's family.

**Call the family intervention program directly to make a referral or to find out more information.**



**Family Intervention Programs**



**Highland Grace House**  
Worcester, MA

Qualified staff create an individualized treatment plan for each adolescent. Each youth participates in highly structured, developmentally appropriate individual, group, and family clinical services. An in-house educational coordinator develops educational objectives with the adolescent's school from his/her community. Continuing care services are provided to assist the youth in recovery upon completion. Services include relapse prevention education, follow-up planning, and integration to community resources and/or outpatient programs.

**Youth Residential Treatment Programs**

## **Youth Residential Treatment Programs** **(Continued)**

The youth residential programs are funded by the Bureau of Substance Abuse Services and a sliding-scale client cost-share policy. At intake, the program will review the sliding scale with families, and if a family can contribute to the cost of treatment they are asked to, however cost should not be a barrier for youth in receiving treatment. Every effort is made to see that youth are served within their communities, as appropriate. However, programs will accept youth from across the state and will coordinate and provide transportation as needed. Programs are located in: Danvers (males), Boston (males), Springfield (males), Lawrence (females), and Worcester (females).

### **CAB The Adolescent Residential Program** Danvers, MA



**Youth Residential Treatment Programs**



**Call the recovery high schools listed below directly to make a referral or to find out more information.**

#### **William J. Ostiguy High School**

19 Temple Place Boston, MA 02111

**617-348-6070** TTY 617-423-9215

[www.abcd.org](http://www.abcd.org)

#### **North Shore Recovery High School**

502 Cabot Street Beverly, MA 01915

**978-922-3305**

[www.nsedu.org](http://www.nsedu.org)

#### **S.A.F.E./Recovery High School**

334 Franklin Street Springfield, MA 01104

**413-750-2484** TTY 413-750-2660

[www.massrecoveryhs.org](http://www.massrecoveryhs.org)

**Recovery High Schools**



### Recovery High Schools

Recovery high schools are four-year, non-traditional public high schools for youth who are experiencing a substance use disorder. The concept of recovery high schools originated in Minnesota in 1989, as a response to the high rates of relapse among adolescents who returned from a treatment experience to a traditional high school.

The Massachusetts schools are located in Boston, Beverly, and Springfield. They have the capacity to serve approximately 30-50 students each, and each of the schools utilizes a slightly different operational model.

The schools provide a comprehensive academic curriculum that is consistent with Massachusetts State Standards, MCAS testing protocols, and course requirements of the students school district. All of the schools have the capacity to serve students who have individualized education plans (IEP).

The schools actively support students in their recovery by providing smaller class sizes, individualized attention, licensed counseling services, and daily group meetings where students have the opportunity to process issues related to both education and recovery. The schools strongly encourage and provide opportunities for parent involvement and are jointly funded by the Massachusetts Department of Public Health, Bureau of Substance Abuse Services and local school districts.

#### Recovery High Schools



**Phoenix House  
Academy  
at Springfield  
Springfield, MA**



**Project Rebound  
Boston, MA**

**Call Central Intake and Care Coordination  
to make a residential referral  
or to find out more information.**

**617-661-3991 or toll free at 866-705-2807**

TTY: 617-661-9051

[www.healthrecovery.org/](http://www.healthrecovery.org/)

#### Youth Residential Treatment Programs

### Recovery Homes

Recovery homes offer a structured transitional living setting, for young people aged 16 to 19, working towards independent sober living. There are two gender-specific residential programs in South Boston that utilize a recovery home model.

Operated by the Gavin Foundation, Inc., the Cushing Houses provide a stabilizing transitional care residence for young men and women experiencing substance abuse problems.

The programs provide a nurturing, structured and safe environment for young people while promoting self-care, self-reliance, and community responsibility, through structured activities and the experience of living in a residential milieu. Young people may stay up to 6 months. Services include; assessment, comprehensive substance abuse treatment, mental health counseling planning and referral, case management and coordination, psycho-education, life skills enhancement, vocational/educational support, recovery support, parents support group, and after-care planning.

**Youth Recovery Homes**

**Call the recovery home listed below directly to make a referral or to find out more information.**

**Gavin Foundation  
Cushing House Girls  
Cushing House Boys**

54-58 Old Colony Avenue  
South Boston, MA 02127

**617-269-2933** TTY 617-269-2944

[www.gavinfoundation.org/](http://www.gavinfoundation.org/)



**Youth Recovery Homes**